



River Kolpa Regional Park

3 days sample program for women



Day 1

Arrival to **Metlika**, where the group will meet the local guide. First, we will learn how to make **belokranjska pogača**, a protected dish that is similar to bread. The dish was awarded the status of a protected designation of origin by the European Community in Brussels. This will be followed by **visit of Tri fare** (three gothic churches), **lunch** and some **free time for coffee** in the camp on the banks of river Kolpa. Drive to Črnomelj, where we will join the **workshop of feltmaking with sheep wool and natural soap**. **Accommodation and dinner** at the tourist farm Župančičev hram in Dragatuš.

Day 2

After breakfast we will drive to **Lahinja Natural Park**, where we will visit traditional mill, saw-mill and Church of All Saints. **Lunch** in a restaurant in beautiful surroundings of river Lahinja. Drive to village of **Adlešiči**, where we will attend the workshop at the farm Cvitkovič. Experts will teach us how to make **belokranjska pisanica** (Easter Egg from Bela Krajina). In numerous parts of Slovenia, the ornaments have been drawn on Easter eggs with molten wax, but this old way of drawing and the ornaments were preserved mostly in Bela Krajina. Here the ornate Easter eggs are called “pisanice”, which means that they are drawn (written) with ornaments. The wax ornaments are drawn with a special “pen” in which the wax gets molten above the candle flame. We will also see the presentation of linen weaving and masterpieces of this folk craft. **Dinner** in the restaurant near spring of river Dobljčice, where “black proteus” lives and can be observed in natural environment. **Overnight** at the tourist farm Župančičev hram in Dragatuš.

Day 3

After breakfast drive to village Rožanec and walk to **Mithreum**, a Roman shrine to the sun god Mithras. A likeness of the god doing battle with a bull is hewn into the rock. The relief was commissioned by three brothers from the Aelius family in 3rd c. AD when Mithraism almost became the state religion of the Roman Empire. Drive to Semič, where a famous local beekeeper will welcome us and we will have a “sweet” **degustation of honey** and its products. Afterwards visit of the **spring of Krupa**, where the water springs from under a 60 m high and steep rock. The water flows together into a lake with an island in the middle, then it falls over the waterfall and at the end it flows into the river Lahinja. Power of a spring and its biological meaning are ranging Krupa among the most beautiful and the most important Slovene karst springs. **Farewell lunch** on the tourist farm.

Net price for tour operators: 202 EUR per person / group of minimum 12 persons

• The price includes:

- English speaking local guides
- 2 BBs (bed and breakfast) at the tourist farm Župančičev hram
- 3 lunches with drinks included
- 2 dinners with drinks included
- Rafting, cycling or hiking activity
- Workshops, tastings, sightseeing and entrance fees according to the program
- Organisation

More information:

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